# CONCEPTUAL STUDY: SCOPE OF ANATOMY IN AYURVEDA

# Dr. Vidhi Parmar<sup>1</sup>, Prof. Dr. Kalapi Patel<sup>2</sup>, Prof. Dr. Swati Bedekar<sup>3</sup>

<sup>1</sup>Assistant Professor of Rachana Shareera Department, J.S. Ayurveda Mahavidhyalaya,

<sup>2</sup> Principal and H.O.D of Panchakarama Department, J.S. Ayurveda Mahavidhyalaya,

<sup>3</sup>H.O.D ofRachana ShareeraDepartment, J.S. Ayurveda Mahavidhyalay

Nadiad, Gujarat, India.

## ABSTRACT

Anatomy is Science, which deals with studying human body structure from the macroscopic to the microscopic level. There are so many systemic branches related to anatomy, but three main components dealwith clinical Practice: topographic anatomy, microscopic anatomy, and embryological anatomy. After doing BAMS and Post-graduation students are confused for clinical Practice with anatomy subject. They can practice as academicians, a genetic counselling care clinic, Marma therapy clinic and work on virtual and manual with the special issue of anatomy in Ayurveda and modern.

KEYWORDS: Genetic counselling, Marma therapy, embryological anatomy

## INTRODUCTION

After completing, BAMS and Post-graduation in Anatomy, students have a question: Can we think regarding special care clinic with the subject of anatomy and what we can do with a particular anatomy subject? so they can do Academic job in Various college as assistant professor ,practice as Genetic counselling care clinic, Marma Therapy clinic, work as a researcher in Brain Bank and ForensicHistological department, write a Prap manual book of Anatomy in Ayurveda, can make an appregarding Ayurvedic terminology in anatomy.

## A) Academic field

- a. Ayurveda Academic work as Assistant professor in department of Rachana sharira
- b. Other college work as tutor in Physiotherapy, Dental, Nursing, Homeopathy, on website lecture series

## B) Care Clinic

- 1. Genetic counselling care clinic
- 2. Marma therapy clinic

- 3. Practised as AYUSH medical officer
- 1) Genetic concealing care clinic: Genetic counselling is an essential task for couples and families to get healthy progeny. Clarification of important family medical histories to approach the chance of disease occurrence or recurrence. Information about the natural history of the condition, inheritance pattern, medical reports, management, prevention, support resources, and genetic disorders research.

For that follow the steps –

- o throughout detail study of genetic and genomics
- o do some courses and Fellowship in genetics and genomics which is available in Swayam portal MHRD initiated by government of India
- contact the genetic counsellor
- Marma therapy clinic: 'Yatpinde tat brahmande' all impacts of the cosmos are build in this human body. Our Rishis denoted one aspect of certain vital powers of self-healing as Marma Science. Marma therapy provides recharge of Physical menta and Spiritual Power.

For detailed knowledge we can follow the book titled 'Marma science and Principals of Marma therapy' by Sunil kumar Joshi.

3) **Practised as AYUSH medical officer**: Practice as an Ayurvedic consultant following by various system of the body

#### C) Researcher: as special subject with anatomy

- Work as researcher in Brain Bank -The brain tissue collected with those relatives' informed consent within 4-24 hours following a brain death is frozen for Biochemical, Immuno-histochemical, and Molecular Biological studies. Many formalin-fixed brain tissues from various Neurological, Neuro-surgical, and Psychiatric disorders are available for study.
- Work as researcher in Forensic histological department Injuries including bruising, lacerations, and fractures have their own microscopic appearances. Certain pathologies are limited to autopsy histology such as hypothermia electrocution, drowning, and fire deaths
- D) Virtual and Manual books
  - Make a App or E-book related with Ayurvedic terminology in anatomy
  - Write a special prap manual book on Question Paper
  - Make a good Qualitative video of Ayurvedic Points related with Anatomy.

## Aims and Objective

- To give the information regarding Scope of Anatomy after PG and UG.
- To understand the importance of anatomy subject as clinical consultant.
- To give the idea for making the E- version material related with Ayurvedic terminology in anatomy.

#### **Materials and Method**

- Relevant Ayurvedic and Modern text books
- Various national and international Journal
- Internet surfing

#### Discussion

Scope of anatomy is very quercous for the UG and PG students of Ayurveda. After completion under graduation, students are doing negligence for anatomy subject. And they are doing a GP practice, so here we discussed our opinion for practicing with Special issue of anatomy. Students can do a clinical trial with a genetic counselling care clinic and Marma therapy clinic. These 2 practices are more important for financial backbone. The research era is a most critical task, so students can work as a researcher in Brain Bank and the forensic histological department with a particular anatomy subject. Virtual things are most highlighted in the modern era with modern anatomy but not highlighted in Ayurvedic anatomy terminology. If they develop the virtual Ayurvedic anatomical app, e-book, etc., materials are more helpful for all Ayurvedic students.

#### Conclusion

The importance of anatomy is negligees by Ayurveda Practitioner and students. So, this article is more helpful to understand the importance and scope of anatomy. After graduation BAMS and PG in Anatomy in Ayurveda, students can practice and earn money with a particular subject.